JULIAN MERCER

PHYSICAL THERAPIST

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PROFESSIONAL SUMMARY

Licensed Physical Therapist with 7+ years across orthopedic and outpatient care at Hospital for Special Surgery, Select Physical Therapy, ATI, and Athletico. Builds evidence-based plans that restore function and keep patients engaged through discharge.

PROFESSIONAL EXPERIENCE

Physical Therapist Sep 2024 - Present
Hospital for Special Surgery, New York, NY

- Treat 10 to 12 post-surgical orthopedic patients a day with individualized plans, and average functional scores improve by 20 points by discharge.
- Use outcome measures at the first visit and discharge, and 88% of knee replacement patients meet their mobility goals within the plan.
- Teach home exercise programs with illustrated handouts, which raised patient attendance to scheduled follow-ups to 92%.
- Mentor two student physical therapists per clinical rotation and give structured feedback on evaluations and documentation.

Physical Therapist Jan 2022 - Aug 2024
Select Physical Therapy, Philadelphia, PA

- Evaluated and treated musculoskeletal conditions in an outpatient clinic with a caseload of about 45 active patients.
- Reduced patient dropout before the third visit from 22% to 14% by setting goals together and calling after missed appointments.
- Documented evaluations and progress notes within 24 hours and passed three payer audits with no findings.
- Ran a back pain education class monthly for community members, attended by about 15 people each session.

Physical Therapist Jun 2020 - Dec 2021
ATI Physical Therapy, Chicago, IL

- Treated athletes and active adults with manual therapy, strengthening, and return-to-sport progressions.
- Applied functional movement screens to design plans that returned 80% of surgical knee patients to activity within the expected window.
- Collaborated with surgeons and athletic trainers on rehab protocols, with patients' pain scores falling by an average of four points.
- Kept an average of 1.1 visits per hour while maintaining positive patient survey scores.

Staff Physical Therapist Aug 2019 - May 2020
Athletico Physical Therapy, Chicago, IL

- Managed a caseload of general outpatient orthopedic patients, completing evaluations and plans of care under senior therapist review.
- Taught fall prevention balance exercises to older adults, and those completing the program improved Berg Balance scores by seven points.
- Completed all required documentation and insurance authorizations with few denials.

CORE SKILLS

Patient evaluation | Treatment plans | Manual therapy | Therapeutic exercise | Orthopedic rehabilitation | Gait and balance training | Outcome measures | Home exercise programs | Patient education | Clinical documentation | Sports rehabilitation | Student supervision | Epic

EDUCATION

Doctor of Physical Therapy, Northwestern University, Chicago, IL

CERTIFICATIONS

State Physical Therapist License | BLS for Healthcare Providers | Orthopaedic Certified Specialist (OCS)