JULIAN MERCER

PHYSICAL THERAPIST ASSISTANT

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PROFESSIONAL SUMMARY

Licensed Physical Therapist Assistant with 5+ years in outpatient orthopedics and skilled nursing rehabilitation. Carries out physical therapist plans of care with therapeutic exercise, manual techniques, and gait training, and documents progress clearly for payers. Known for keeping patients on schedule with home programs.

PROFESSIONAL EXPERIENCE

Physical Therapist Assistant Apr 2023 - Present
Select Physical Therapy, Houston, TX

- Treat 10 to 12 patients a day in an outpatient orthopedic clinic, carrying out plans of care for post-surgical knee, shoulder, and spine cases.
- Raised average LEFS improvement for total knee replacement patients from 18 to 24 points by teaching home exercise programs with illustrated handouts.
- Reduced patient cancellations by calling each patient the day before and rebooking missed visits the same week.
- Documented daily notes in WebPT within the same day, supporting clean claims with a denial rate below 3%.
- Report progress and changes in status to supervising physical therapists at weekly case conferences, flagging patients who plateau.

Physical Therapist Assistant Aug 2021 - Mar 2023
Memorial Hermann, Houston, TX

- Delivered gait training, balance work, and transfer practice to stroke and hip fracture patients on a rehabilitation unit.
- Helped 40+ patients meet discharge mobility goals and return home instead of requiring extended skilled nursing care.
- Trained patients and family members on walker, cane, and transfer techniques before discharge to lower fall risk at home.
- Applied modalities such as ultrasound and electrical stimulation within physical therapist orders and documented patient response.

Rehabilitation Aide Jun 2019 - Jul 2021
ATI Physical Therapy, Katy, TX

- Prepared treatment areas, cleaned equipment, and set patients up on exercise equipment for up to 15 visits a day.
- Observed treatment sessions while finishing the PTA program and applied the cueing and progression techniques under supervision.
- Scheduled and checked in patients at the front desk during peak hours, keeping waiting times short.

CORE SKILLS

Therapeutic exercise | Gait and balance training | Manual therapy techniques | Modalities | Patient and family education | Home exercise programs | Goniometry and manual muscle testing | Post-surgical rehabilitation | WebPT documentation | Fall prevention | Transfer training | Medicare documentation | Neuromuscular re-education

EDUCATION

Associate of Applied Science in Physical Therapist Assistant, Houston Community College, Houston, TX

CERTIFICATIONS

Licensed Physical Therapist Assistant (PTA), Texas Board of Physical Therapy Examiners | National Physical Therapy Examination for PTAs (NPTE-PTA), FSBPT | CPR/BLS for Healthcare Providers