JULIAN MERCER

HOME HEALTH AIDE

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PROFESSIONAL SUMMARY

Home Health Aide with 4+ years helping older adults and recovering patients with daily living, vital signs, and medication reminders at home. Reliable, observant, and patient, and quick to report changes in condition to the supervising nurse.

PROFESSIONAL EXPERIENCE

Home Health Aide Feb 2024 - Present
Visiting Nurse Service of New York, New York, NY

- Support six to seven clients a week with bathing, dressing, toileting, and mobility, following each care plan set by the supervising nurse and noting each client's preferences.
- Measure and record blood pressure, pulse, and temperature at every visit, reporting abnormal readings to the nurse the same day so the care team could adjust plans.
- Noticed early signs of a urinary infection in one client and alerted the nurse, leading to treatment before a hospital visit was needed.
- Prepared low-sodium and diabetic-friendly meals for clients and tracked fluid intake in a daily log that the care team and family reviewed each week.
- Covered urgent shift gaps on short notice and kept a visit completion rate above 98% across the year.
- Kept visit notes accurate and complete, with zero documentation errors flagged in quarterly supervisor reviews and every shift handoff.
- Taught family caregivers safe transfer and fall prevention techniques during three home visits.

Personal Care Aide Jul 2022 - Jan 2024
Bayada Home Health Care, Queens, NY

- Provided companionship and personal care for eight elderly clients, adapting routines to each person's comfort, abilities, and daily habits.
- Reminded clients to take prescribed medications on schedule and logged each dose, supporting a steady adherence record that the supervising nurse reviewed weekly.
- Completed light housekeeping, laundry, and grocery runs, keeping clients' homes clean, safe, and free of trip hazards and clutter.
- Used safe lifting and gait belt techniques for transfers, with no injuries to clients or self over 18 months of daily transfers and mobility support.
- Earned positive feedback from family members and was assigned two new clients through client referrals.
- Escorted clients to medical appointments and reported visit outcomes to families, helping three clients keep every scheduled follow-up.
- Taught clients simple chair exercises from the therapist's plan and logged participation, helping two clients regain confidence walking with a cane.

CORE SKILLS

Activities of daily living | Vital signs | Personal care | Safe patient transfers | Medication reminders | Meal preparation | Fall prevention | Infection control | Care plan documentation | Dementia care | Companionship | Observation and reporting | CPR and first aid

EDUCATION

Home Health Aide Training Certificate, Borough of Manhattan Community College, New York, NY

CERTIFICATIONS

State Home Health Aide Certification | CPR and First Aid | Dementia Care Training