JULIAN MERCER

CERTIFIED NURSING ASSISTANT

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PROFESSIONAL SUMMARY

Certified Nursing Assistant with 3+ years in long-term care and hospital medical-surgical units. Provides dependable bathing, mobility, and vital signs care, and keeps nurses informed of resident changes.

PROFESSIONAL EXPERIENCE

Certified Nursing Assistant Sep 2023 - Present
Brookdale Senior Living, Tampa, FL

- Care for 10 to 12 residents per shift, assisting with bathing, dressing, toileting, and meals while preserving each resident's routine.
- Reported early changes in skin and appetite to the charge nurse, helping the team address three pressure injuries before they progressed.
- Recorded vital signs and intake in the electronic chart accurately and on schedule.
- Led a weekly walking group for residents, which kept participation steady through the year.
- Helped residents with dementia keep a predictable routine, and used redirection techniques that reduced evening agitation episodes.
- Measured and recorded weights weekly and alerted nurses to changes of more than five pounds.
- Assisted residents with feeding and hydration using preferred foods and adaptive utensils, and noted meal percentages for the dietary team each shift.

Patient Care Assistant Jul 2022 - Aug 2023
Tampa General Hospital, Tampa, FL

- Answered call lights promptly and rounded hourly on assigned patients, supporting the unit's patient satisfaction scores on responsiveness.
- Supported a 32-bed medical-surgical unit with transfers, turning schedules, and fall-risk precautions.
- Served as a one-to-one sitter for confused patients, and the unit had fewer bed-alarm events on the nights covered.
- Positioned and turned immobile patients every two hours, supporting the unit's skin integrity goals.
- Reported abnormal vital signs to the nurse immediately and recorded readings in the chart.
- Assisted patients to walk, sit, and use the bathroom after surgery with gait belts, and helped the unit keep its fall rate under its quarterly goal.
- Stocked linens and supplies on the unit and prepared rooms for incoming admissions within the target turnaround.

Home Care Aide Jan 2021 - Jun 2022
Home Instead Senior Care, Tampa, FL

- Provided one-on-one personal care, meal preparation, and light housekeeping for four elderly clients in their homes each week.
- Followed each client's care plan and wrote visit notes for the office and family, flagging health changes the same day.
- Helped clients with mobility safely using gait belts and walkers, with no client falls during visits.
- Prepared meals to dietary needs such as low-sodium and diabetic plans, and tracked fluid intake for clients with heart conditions and reported concerns to their families.

CORE SKILLS

Activities of daily living | Vital signs | Patient transfers and mobility | Fall prevention | Pressure injury prevention | Dementia care | Infection control | Intake and output | Resident rights | Basic CPR | Charting | Compassionate communication

EDUCATION

Certificate in Nursing Assistant, Hillsborough Community College, Tampa, FL

CERTIFICATIONS

Certified Nursing Assistant (CNA), State of Florida | CPR/BLS for Healthcare Providers | Dementia Care Training