JULIAN MERCER

ATHLETIC TRAINER

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PROFESSIONAL SUMMARY

Board-certified Athletic Trainer with 10+ years covering collegiate and high school athletes. Handles injury prevention, emergency response, evaluation, and rehabilitation, and works with team physicians on return-to-play decisions. Keeps detailed records and communicates clearly with coaches, parents, and athletes.

PROFESSIONAL EXPERIENCE

Outreach Athletic Trainer Aug 2021 - Present
OhioHealth Sports Medicine, Columbus, OH

- Provide full-time athletic training coverage for a high school with 18 varsity and junior varsity teams and about 700 athletes.
- Cut time lost to ankle sprains in basketball and soccer by building a pre-practice taping and balance program used by 120 athletes.
- Direct emergency action plans for each venue and run an annual cardiac and heat-illness drill with coaches and school staff.
- Manage concussion protocol from baseline ImPACT testing through graduated return-to-play, coordinating clearances with team physicians.
- Track injuries in an electronic record and give the athletic director a monthly report on injury rates by sport.
- Hold a weekly injury clinic for athletes and parents that reduced unnecessary urgent care visits.
- Host two athletic training students from a local university each semester for clinical rotations in evaluation, taping, and emergency response.

Assistant Athletic Trainer Aug 2018 - Jul 2021
Ohio University, Athens, OH

- Covered football and women's soccer, evaluating on-field injuries and applying splinting, bracing, and spine boarding procedures.
- Supervised rehabilitation for about 25 athletes at a time, progressing them through exercise phases agreed with team physicians.
- Served as clinical preceptor for four athletic training students each semester, teaching taping, evaluation, and documentation.
- Reduced hamstring strains in preseason by adding a staged sprint-load plan with the strength staff.
- Trained and rehearsed the emergency action plan for football with athletic training students, which cut ambulance response coordination time during a drill by about a minute.

Graduate Assistant Athletic Trainer Aug 2016 - Jul 2018
Michigan State University, East Lansing, MI

- Provided daily care for the swimming and volleyball programs while completing the master's program.
- Applied therapeutic modalities and manual therapy to roughly 30 athletes a week under the head athletic trainer.
- Assisted the team physician at weekly football game-day sideline coverage, including splinting and transport decisions for 12 on-field injuries across two seasons.
- Conducted preparticipation physical screenings for more than 300 student-athletes each fall.
- Documented 400+ rehabilitation visits a year in the athletic training record system and reported injury trends to the head athletic trainer monthly.

CORE SKILLS

Injury evaluation | Emergency action planning | Concussion management | Taping and bracing | Rehabilitation programming | Return-to-play protocols | Therapeutic modalities | Heat illness prevention | AED and CPR | Injury surveillance records | ImPACT testing | Team physician coordination | Preparticipation exams

EDUCATION

Master of Science in Kinesiology, Michigan State University, East Lansing, MI

CERTIFICATIONS

Athletic Trainer Certified (ATC), Board of Certification | Athletic Trainer License, Ohio Occupational Therapy, Physical Therapy and Athletic Trainers Board | CPR/AED for the Professional Rescuer